What's On Guide
OCTOBER 2026
Royal Borough of Windsor & Maidenhead

Dementia Friendly
Royal Borough of Windsor & Maidenhead

Berkshire ageUK
Let's change how we age

Tel: 0118 959 4242 | Email: info@ageukberkshire.org.uk | Web: ageukberkshire.org.uk

MONDAYS			
Coffee Morning	**10:00 - 12:30 Every week in October**	Champney Hall, Horton, SL3 9PA	Free. Call 01784 482515 or just come along and join us
Men's Matters - a free drop-in for men over 50	**2-4pm Every week in October**	All Saints Church, Dedworth Lane, Windsor, SL4 4JW	Call 07827 642504 or just drop in
Coffee Morning for Colnbrook residents	**9.30am-12pm 12th October**	Colnbrook Village Hall, Vicarage Way, Colnbrook, SL3 0RF	Free, just come along!
TUESDAYS			
Health Hub - community health event	**9.30-12.30 Every week in October**	Wraysbury Village Hall, The Green, Wraysbury, TW19 5NA	Free health advice for all Horton, Datchet & Wraysbury residents
Pubs n Pastries with **Age UK Berkshire**	**11am-12pm 6th October**	Fox and Castle, 21 Burfield Road, Old Windsor, SL4 2RB	Free, no need to book, call 07585 793069 for more info
Talkin' Tables - good tea and company with Rotary Club	**10.30-11.30am Every week in October**	Maidenhead Library, St Ives Rd, Maidenhead, SL6 1QU	Run by the Rotary Club. Just turn up!
Caring Together Roadshow Workshop with Right at Home. Maidenhead	**10:00 -12:00 13th Octpber**	Spencer Denney Day Centre, Park Corner, Dedworth, SL4 4EB	Free practical support for all local carers in their communities
Community Dementia Cafe & meet **Age UK Berkshire**	**11am-12:30pm 13th October**	The Royal Foresters, London Road, Ascot, SL5 8DR	Free. Different theme each month More info: 07585 793069
Chatty Cafe for those with dementia and their carers with **Age UK Berkshire**	**11:00-12:00 20th October**	Bisham Abbey, Marlow Road, Bisham, SL7 1RR	Free, no need to book, just come along
Singing for the Brain with the Alzheimer's Society	**10.30am-12pm 13th October**	Mountbatten Grange, Helston Lane, Windsor, SL4 5GG	Free, just turn up. More info: 01753 336350
Afternoon Tea with quizzes	**1-3pm 27th October**	Age Concern Windsor, Spencer Denney Centre, Park Corner, Windsor, SL4 4EB	01753 860685 to book
Social Lunches - A Safe Place in Windsor for socialising	**11:30 - 13:00 6th and 20th October**	Age Concern Windsor (as above)	Call 01753 860685 for more info

WEDNESDAYS			
Ascot Memory Group with **Age UK Berkshire**	**11am-12.30pm 21st October**	Ascot United Football Club, Winkfield Road, Ascot, SL5 7LJ	Free to attend
Community Walk n' Talk with Sheet Street Surgery	**11:00-12:00 14th October**	Stag Meadow, St Leonards Road, Windsor, SL4 3DR	Gentle physical exercise, all abilities welcome. Call 01753 860334
Silver Socials Club. Morning Activity & Chat	**09:30 - 14:30 Every Wed to Fri**	Age Concern Windsor, Spencer Denney Centre, Park Corner, Windsor, SL4 4EN	(01753) 860685 to book
Coffee Morning at the Heart & Home Cafe	**10.30am-12.30pm 7th and 21st October**	Harwood House, Spring Lane, Cookham Dean, SL6 6PW	Call 01628 478000
Men's Matters - drop in event for older men	**2-4pm Every Weds in October**	Maidenhead Community Centre, 4 Marlow Road, Maidenhead, SL6 4YR	Info: 07923 494744
Optalis Drop-In Dementia Group for all diverse communities	**10.30-11.30am 7th October**	Boyn Grove Library, 11 Courthouse Rd, M'head, SL6 6JE	Free! Call 01628 683715 for info
Coffee Morning for local residents	**10am-12.30pm Every Weds In October**	Wraysbury Community Hub, High Street, Wraysbury, TW19 5DB	£2.50 per person. Call 01784 482515 for info
Wellbeing Wednesday	**12:00 - 14:00 28th October**	Datchet Baptist Church, 62 London Road, Datchet, SL3 9JR	Free but donations welcome 01753 586254
Mindful Mile with **Age UK Berkshire**	**10:00 - 12:00 28th October**	Royal Ascot Golf Club, Winkfield Rd, Ascot, SL5 7LJ	Accessible walk, dogs welcome. Free refreshments. 01344 621575
Free Film Session. All very welcome	**15:00 - 17:00 Every Wednesday in October**	Ascot Grange Care Home, Bagshot Road, Ascot, SL5 9PA	Call 01344 377524
Royal Reminiscence with Age UK Berkshire	**10:30 - 12:30 28th October**	Windsor Castle	Booking essential on 0303 123 7323
Dementia Cafe	**10:30 - 12:00 28th October**	Mountbatten Grange, Helston Lane, Windsor, SL4 5GG	01753 336350
Carers Cafe - you are not alone with dementia	**14:30 - 16:00 21st October**	St Mark's Methodist Church, St Mark's Cres, Maidenhead, SL6 5BQ	01628 200068
THURSDAYS			
Thursday Tea n' Talk with **Age UK Berkshire**	**11am-12pm 8th October**	The Jolly Gardener, Moneyrow Green, Holyport, SL6 2NN	01628 965389. Free to join
Memory Cafe A dementia cafe welcoming to everyone	**2.30-4pm 15th October**	Larchfield House, Larchfield Road, Maidenhead, SL6 2SJ	Call 01628 639428 for more info.
Optalis Drop In Dementia Group	**10.30-11.30am 1st October**	Boyn Grove Library, 11 Courthouse Road, Maidenhead, SL6 6JE	01628 683715. Free to join.
Dementia Drop In YPWD & DCA Team	**10:30 - 11:30 29th October**	All Saints Church, Dedworth Road, Dedworth, SL4 4JW	01628 683715 for details
Memories & Moves Seated Exercise	**10:30 - 14:30 15th October**	Boyn Grove Library, 11 Courthouse Lane, Maidenhead, SL6 6JE	01628 683715 for details
Lunch Club	**12:45 - 14:15 Every Thursday in October**	Wraysbury Village Hall, The Green, Wraysbury, TW19 5NA	£7.50 per ticket. Transportation can be arranged on 01784 482515

		FRIDAYS	
Comfort Corner Cafe with **Age UK Berkshire**	**10-11.30am 2nd October**	The Bridge Cafe, 24 The Green, Datchet, SL3 9LH	For dementia carers and their cared for people. Just drop in. 01753 428175
Moves & Memories - Reminiscence Event	**11.30am-12.20pm 16th October**	Windsor Library, 9 Royal Free Ct, Bachelors Acre, Windsor, SL4 1ER	Call 01753 743940
Snack and Chat - Social Seniors	**1-3pm 9th October**	Woodlands Park Centre, Manifold Way, Maidenhead, SL6 3GW	Call 01628 200068
Meet the Virtual Dementia Tour Bus	**10:00 - 13:00 13:30 - 16:30 2nd October**	Lynwood Retirement Village, Rise Road, Ascot, SL5 0FG	Call 01344 298100 to book your free tickets
		SATURDAYS	
Fun, Quiz & Bingo with Breakfast	**10:30 - 13:00 24th October**	Age Concern Windsor, Spencer Denney Centre, Park Corner, Windsor, SL4 4EB	£15 per person Book on 01753 860685
Wellness Day	**11:00- 16:00 31st October**	Wraysbury Village Hall, The Green, Wraysbury, TW19 5NA	Taster Sessions including massage, reiki & Sound Bath £1 entry per person
SUNDAYS			
Teatime for the Soul (with afternoon tea)	**3-4pm 4th October**	Windsor Methodist Church, Alma Road, Windsor, SL4 3HH	Call 07535 511421 for more info
Sunday Lunch	**11am-2.30pm 11th October**	Spencer Denney Centre, Windsor Park Corner, SL4 4EB	Call 01753 860685 to book your space
Teatime for the Soul (with afternoon tea)	**3-4pm 18th October**	Cookham Methodist Church, 1 Lower Road, Cookham, SL6 9HJ	Call 07535 511421 for more info

All events and activities are delivered by Age UK Berkshire or our trusted partners