# Age UK Berkshire What's On Guide AUGUST 2026

## Royal Borough of Windsor & Maidenhead

Berkshire age UK Let's change how we age

Dementia Friendly Royal Borough of Windsor & Maidenhead

Tel: 0118 959 4242 | Email: info@ageukberkshire.org.uk | Web: ageukberkshire.org.uk

| What | Time & date | Where | Details |
|---|---|---|---|
| **MONDAYS** | | | |
| Coffee Morning | **10am-12.30pm Every Mon (except 31st Aug)** | Champney Hall, Horton, SL3 9PA | Free. Call 01784 482515 or just come along and join us |
| Coffee Morning for Colnbrook residents | **9.30am-12pm 10th August** | Colnbrook Village Hall, Vicarage Way, Colnbrook, SL3 0RF | Free, just come along! |
| Men's Matters - a free drop-in for men over 50 | **2-4pm Every Mon (except 31st Aug)** | All Saints Church, Dedworth Lane, Windsor, SL4 4JW | Call 07827 642504 or just drop in |
| **TUESDAYS** | | | |
| Health Hub - community health event | **9.30-12.30 Every Tues** | Wraysbury Village Hall, The Green, Wraysbury, TW19 5NA | Free health advice for all Horton, Datchet & Wraysbury residents |
| Pubs n Pastries with **Age UK Berkshire** | **11am-12pm 4th August** | Fox and Castle, 21 Burfield Road, Old Windsor, SL4 2RB | Free, no need to book, call 07585 793069 for more info |
| Talkin' Tables - good tea and company with Rotary Club | **10.30-11.30am Every Tues** | Maidenhead Library, St Ives Rd, Maidenhead, SL6 1QU | Run by the Rotary Club. Just turn up! |
| Community Dementia Cafe & meet **Age UK Berkshire** | **11am-12.30pm 11th August** | The Royal Foresters, London Road, Ascot, SL5 8DR | Free. Different theme each month More info: 07585 793069 |
| Chatty Cafe for those with dementia and their carers with **Age UK Berkshire** | **11am-12pm 18th August** | Bisham Abbey, Marlow Road, Bisham, SL7 1RR | Free, no need to book, just come along |
| Singing for the Brain with the Alzheimer's Society | **10.30am-12pm 11th August** | Mountbatten Grange, Helston Lane, Windsor, SL4 5GG | Free, just turn up. More info: 01753 336350 |
| Afternoon Tea with quizzes | **1-3pm 4th & 18th August** | Age Concern Windsor, Spencer Denney Centre, Park Corner, Windsor, SL4 4EB | 01753 860685 to book |
| Activity Cafe - A safe place in Windsor for socialising | **9.30am-12.30pm 4th & 18th August** | Age Concern Windsor (as above) | Call 01753 860685 for more info |
| **WEDNESDAYS (Cont on pg 2)** | | | |
| Community Walk n' Talk with Sheet Street Surgery | **10.30-11.30am 12th August** | Stag Meadow, St Leonards Road, Windsor, SL4 3DR | Gentle physical exercise, all abilities welcome. Call 01753 860334 |
| Coffee Morning at the Heart & Home Cafe | **10.30am-12.30pm 5th & 19th August** | Harwood House, Spring Lane, Cookham Dean, SL6 6PW | Call 01628 478000 |
| Men's Matters - drop in event for older men | **2-4pm Every Weds** | Maidenhead Community Centre, 4 Marlow Road, Maidenhead, SL6 4YR | Info: 07923 494744 |
| Optalis Drop-In Dementia Group for all diverse communities | **10.30-11.30am 5th August** | Boyn Grove Library, 11 Courthouse Rd, M'head, SL6 6JE | Free! Call 01628 683715 for info |

| What | Time & date | Where | Details |
|---|---|---|---|
| **WEDNESDAYS Cont...** | | | |
| Ascot Memory Group with **Age UK Berkshire** | **11am-12.30pm 19th August** | St Michael's Church Hall, Church Lane, Sunninghill, SL5 7DD | Free to attend |
| Coffee Morning for local residents | **10am-12.30pm Every Weds** | Wraysbury Community Hub, High Street, Wraysbury, TW19 5DB | £2.50 per person. Call 01784 482515 for info |
| Mindful Mile with **Age UK Berkshire** | **10am 26th August** | Royal Ascot Golf Club, Winkfield Rd, Ascot, SL5 7LJ | Accessible walk, dogs welcome. Free refreshments. 01344 621575 |
| Free film session NEW! | **3-5pm Every Weds in August** | Ascot Grange Care Home, Bagshot Road, Ascot, SL5 9PA | Call 01344 377524 |
| Dementia Cafe | **10.30am-12pm 26th August** | Mountbatten Grange, Helston Lane, Windsor, SL4 5GG | 01753 336350 |
| Carers Cafe - you are not alone with dementia | **2.30-4pm 19th August** | St Mark's Methodist Church, St Mark's Cres, Maidenhead, SL6 5BQ | 01628 200068 |
| **THURSDAYS** | | | |
| Thursday Tea n' Talk with **Age UK Berkshire** | **11am-12pm 13th August** | The Jolly Gardener, Moneyrow Green, Holyport, SL6 2NN | 01628 965389. Free to join |
| Memory Cafe A dementia cafe welcoming to everyone | **2.30-4pm 20th August** | Larchfield House, Larchfield Road, Maidenhead, SL6 2SJ | Call 01628 639428 for more info. |
| Silver Socials Club | **9.30am-2.30pm Every Thurs** | Spencer Denney Centre, Park Corner, Windsor, SL4 4EB | Call 01753 860685 to book |
| Optalis Drop In Dementia Group | **10.30-11.30am 6th August** | Boyn Grove Library, 11 Courthouse Road, Maidenhead, SL6 6JE | 01628 683715. Free to join. |
| Lunch Club | **12.45-2.15pm Every Thurs** | Wraysbury Village Hall, The Green, Wraysbury, TW19 5NA | £7.50 per head. Transport to club or meal delivery available. Call 01784 482515 |
| Memories and Moves: Seated exercise | **10.30-11.30am 20th August** | Boyn Grove Library, 11 Courthouse Lane, Maidenhead, SL6 6JE | 01628 683715. Free. Light refreshments served. |
| Dementia Drop In with Younger People with Dementia group | **10.30-11.30am 27th August** | All Saints Church, Dedworth Rd, Windsor, SL4 3JW | 01628 683715. A drop in session in partnership with Younger People With Dementia |
| | | **FRIDAYS** | |
| Comfort Corner Cafe with **Age UK Berkshire** | **10-11.30am 7th August** | The Bridge Cafe, 24 The Green, Datchet, SL3 9LH | For dementia carers and their cared for people. Just drop in. 01753 428175 |
| Moves & Memories - NEW reminiscence event | **11.30am-12.20pm 21st August** | Windsor Library, 9 Royal Free Ct, Bachelors Acre, Windsor, SL4 1ER | Call 01753 743940 |
| Snack and Chat - Social Seniors | **1-3pm 14th August** | Woodlands Park Centre, Manifold Way, Maidenhead, SL6 3GW | Call 01628 200068 |
| **SUNDAYS** | | | |
| Teatime for the Soul (with afternoon tea) | **3-4pm 2nd August** | Windsor Methodist Church, Alma Road, Windsor, SL4 3HH | Call 07535 511421 for more info |
| Sunday Lunch | **11am-2.30pm 9th August** | Spencer Denney Centre, Windsor Park Corner, SL4 4EB | Call 01753 860685 to book your space |
| Teatime for the Soul (with afternoon tea) | **3-4pm 16th August** | Cookham Methodist Church, 1 Lower Road, Cookham, SL6 9HJ | Call 07535 511421 for more info |

All events and activities are delivered by Age UK Berkshire or our trusted partners